

National Diabetes Month Survey Results

Q1: On average, how many times per day do you test your blood glucose?

ANSWER CHOICES	RESPONSES	
Once	49.3%	104
Twice	28.9%	61
Three times	13.7%	29
Four or more times	8.1%	17
TOTAL		211

Q2: How many times per year do you see a healthcare professional for your diabetes?

ANSWER CHOICES	RESPONSES	
Less than once	2.8%	6
Once	8.5%	18
Twice	34.1%	72
Three times	20.4%	43
Four or more times	34.1%	72
TOTAL		211

Q3: When meeting with your healthcare professional, does he or she review your blood glucose monitoring results and trends?

ANSWER CHOICES	RESPONSES	
Never	2.8%	6
Rarely	5.2%	11
Sometimes	13.7%	29
Usually	25.1%	53
Always	53.1%	112
TOTAL		211

Q4: Does your health care provider recommend changes to your diabetes therapy based on the readings from your blood glucose meter?

ANSWER CHOICES	RESPONSES	
Never	8.1%	17
Rarely	12.3%	26
Sometimes	42.2%	89
Usually	23.7%	50
Always	13.7%	29
TOTAL		211

Q5: Does the blood glucose meter you use include a feature that can remotely send your glucose values to your health care provider via Bluetooth or cellular connection?

ANSWER CHOICES	RESPONSES	
Yes, via Bluetooth with a smartphone app	13.3%	28
Yes, via cellular connection	5.2%	11
No, neither	69.7%	147
Not sure	11.8%	25
TOTAL		211

Q6: If yes, are your glucose readings being sent remotely to your healthcare provider?

ANSWER CHOICES	RESPONSES	
Yes	55.2%	21
No	39.4%	15
Not sure	5.2%	2
TOTAL		38

Q7: Have you heard of “remote patient monitoring” (RPM) where your doctor receives your blood glucose readings between visits directly from your glucose meter so that he/she can make sure your glucose is ok and make recommendations for changes if needed between office visits?

ANSWER CHOICES	RESPONSES	
No, I have never heard of remote patient monitoring	44.9%	94
Yes, I have heard of remote patient monitoring, but I am not enrolled in a program	51.2%	107
Yes, I am in a remote patient monitoring program now	3.8%	8
TOTAL		209

Q8: What is your level of agreement: remote patient monitoring might help me to better manage my diabetes day to day between visits to my doctor’s office.

ANSWER CHOICES	RESPONSES	
Highly disagree	6.2%	13
Disagree	11.0%	23
Neither agree nor disagree	47.8%	100
Agree	25.8%	54
Highly agree	9.1%	19
TOTAL		209

Q9: Would you test more consistently knowing your blood glucose monitoring results are being sent to your health care provider?

ANSWER CHOICES	RESPONSES	
Very unlikely	11.5%	24
Unlikely	12.9%	27
Would not change my testing consistency	40.7%	85
More likely	26.8%	56
Much more likely	8.1%	17
TOTAL		209

Q10: Gender

ANSWER CHOICES	RESPONSES	
Male	54.2%	185
Female	45.8%	156
TOTAL		341

Q11: Age

ANSWER CHOICES	RESPONSES	
< 18	0.0%	0
18-29	3.8%	13
30-44	10.7%	35
45-60	18.8%	64
> 60	67.2%	229
TOTAL		341

Contact Smart Meter today to learn more.

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