



2026 Billing Updates for Remote Monitoring of Patients

The Centers for Medicare and Medicaid Services (CMS) released the **CY 2026 Medicare Physician Fee Schedule (PFS) Final Rule**, building on prior years' momentum and introducing important refinements to **Remote Physiologic Monitoring (RPM)** reimbursement.

These updates further reinforce CMS's long-term commitment to remote care and address one of the industry's biggest pain points, rigid billing thresholds that didn't always align with real-world patient engagement and clinical workflows.

RPM services, billed under CPT codes **99453, 99445, 99454, 99470, 99457, and 99458** focus on the collection and review of physiologic data such as blood pressure, blood glucose, weight, pulse oximetry, and temperature.

The **2026 billing updates improve flexibility, strengthen financial feasibility, and expand opportunities for providers** to start or scale remote monitoring programs.

Key Updates for 2026

Below is a summary of the most impactful updates finalized by CMS and effective January 1, 2026.

1. Expanded RPM Device Supply Billing Options
 - CMS finalized an additional RPM device supply code for 2026 to allow billing when fewer than 16 days of data are collected within a 30-day period. This update does not eliminate the existing 16-day requirement for CPT code 99454 but rather introduces an additional billing option.
 - **CPT Code 99445 (New for 2026):** RPM device supply and data transmission for **2-15 days** within a 30-day period
 - **CPT Code 99454:** RPM device supply and data transmission for **16-30 days** within a 30-day period
2. New Lower Time Threshold for RPM Treatment Management
 - CMS introduced a new RPM treatment management code that allows billing for months with less than 20 minutes of clinical monitoring time. Interactive communication requirements remain unchanged and require real-time, two-way communication, with or without video.
 - **CPT Code 99470 (New for 2026):** RPM treatment management for **first 10-19 minutes** per calendar month
 - **CPT Code 99457:** RPM treatment management for **first 20 minutes** per calendar month
3. RPM Device Requirements
 - CMS reaffirmed existing device standards to RPM services. Devices must meet FDA definition of a medical device under Section 201(h) of the Federal Food, Drug and Cosmetic act (FD&C Act), automatically collect and transmit physiologic data, and provide data that is reliable and clinically valid.
4. Eligible Billing Providers:
 - RPM services may be billed by physicians and eligible non-physician practitioners (NPPs).
5. Applicable Patient Populations
 - CMS continues to recognize RPM as medically necessary for patients with **acute and chronic conditions**.

RPM Reimbursement Requirements

The reimbursement requirements for Remote Physiologic Monitoring CPT codes in 2026 include the following key points in the table below. In summary, providers can bill for RPM services in 2026 if they adhere to these requirements, ensuring the use of compliant devices, patient consent, proper evaluations, and adherence to specific usage and data collection standards.

Requirement	Description
FDA-Compliant RPM Device	The RPM device used must adhere to the FDA's definition of a medical device
Patient Opt-In	Patients are required to opt-in for the remote patient monitoring service before receiving the RPM device
New Patient Evaluation	A new patient evaluation is necessary for patients who are new to RPM or RTM
Continuation for PHE Enrollees for RPM	Patients already enrolled in RPM during the Public Health Emergency (PHE) can continue receiving RPM services.
HIPAA-Compliant Data Collection	Data collection processes must comply with the Health Insurance Portability and Accountability Act (HIPAA)

2026 Reimbursement Rates

Reimbursement for RPM and RTM services in 2026 will continue to be determined by the **Medicare Physician Fee Schedule (PFS) conversion factor** and relative value units (RVUs) assigned to each CPT code.

RPM CPT Code	Code Description	2025 Rate	2026 Rate	Change
99453	Initial setup & patient education	\$ 19	\$ 22	\$ 3
99445	Device supply with 2-15 days of data transmission	--	\$ 47	--
99454	Device supply with ≥ 16 days of data transmission	\$ 47	\$ 47	\$ 0
99470	First 10 minutes of treatment management time	--	\$26	--
99457	First 20 minutes of treatment management time	\$ 48	\$ 52	\$ 4
99458	Each additional 20 minutes of treatment management time	\$ 38	\$ 41	\$ 3