

Smart Meter's 2024 National Diabetes Survey

Q1: On average, how many times per day do you test your blood glucose?

ANSWER CHOICES	RESPONSES	
Once	54.26%	121
Twice	29.15%	65
Three	9.87%	22
Four or more times	6.73%	15
TOTAL		223

Q2: How many times a year do you see a health care professional for your diabetes?

ANSWER CHOICES	RESPONSES	
Less than once	15.70%	35
Once	27.35%	61
Twice	18.83%	42
Three times	14.35%	32
Four or more times	23.77%	53
TOTAL		223

Q3: In meeting with your health care professional, does he or she review your blood glucose monitoring results and trends?

ANSWER CHOICES	RESPONSES	
Always	60.54%	135
Often	25.11%	56
Sometimes	11.66%	26
Rarely	1.35%	3
Never	1.35%	3
TOTAL		223

Q4: Does your health care provider recommend changes to your diabetes therapy based on the readings from your blood glucose meter?

ANSWER CHOICES	RESPONSES	
Always	52.91%	118
Often	20.18%	45
Sometimes	17.94%	40
Rarely	5.83%	13
Never	3.14%	7
TOTAL		223

Q5: Have you heard of “remote patient monitoring” (RPM) where your doctor receives your blood glucose readings between visits directly from your glucose meter so that he/she can make sure your glucose is ok and make recommendations for changes if needed between office visits?

ANSWER CHOICES	RESPONSES	
No, I have never heard of remote patient monitoring	21.52%	48
Yes, I have heard of remote patient monitoring, but I am not enrolled in a program	60.09%	134
Yes, I am in a remote patient monitoring program now	18.39%	41
TOTAL		223

Q6: Does the blood glucose meter you use include a feature that can remotely send your glucose values to your health care provider via Bluetooth or cellular connection?

ANSWER CHOICES	RESPONSES	
Yes, Bluetooth with a smartphone app	51.12%	114
Yes, cellular	26.01%	58
No, neither	16.14%	36
Not sure	6.73%	15
TOTAL		223

Q7: If you answered yes to No. 5, are your glucose readings being sent remotely to your healthcare provider?

ANSWER CHOICES	RESPONSES	
Yes	72.20%	161
No	19.28%	43
Not sure	8.52%	19
TOTAL		223

Q8: If your blood glucose meter uses Bluetooth and Wifi to send your glucose reading to your provider, how often do you have issues with the transmission?

ANSWER CHOICES	RESPONSES	
Always	50.67%	113
Often	14.80%	33
Sometimes	10.76%	24
Rarely	4.48%	10
Never	2.69%	6
N/A	16.59%	37
TOTAL		223

Q9: What is your level of agreement: remote patient monitoring might help me to better manage my diabetes day to day between visits to my doctor’s office.

ANSWER CHOICES	RESPONSES	
Highly agree	49.78%	111
Agree	38.57%	86
Neither agree nor disagree	10.31%	23
Disagree	0.00%	0
Highly disagree	1.35%	3
TOTAL		223

Q10: Would you test more consistently knowing your blood glucose monitoring results are being sent to your health care provider?

ANSWER CHOICES	RESPONSES	
Much more likely	56.05%	125
More likely	32.29%	72
Would not change my testing consistency	8.07%	18
Unlikely	2.69%	6
Much more unlikely	0.90%	2
TOTAL		223

Q11: Do you take your glucose meter with you when you travel?

ANSWER CHOICES	RESPONSES	
Yes	91.93%	205
No	8.07%	18
TOTAL		223

Q12: Gender

ANSWER CHOICES	RESPONSES	
Male	69.06%	154
Female	30.94%	69
Non-binary	0.00%	0
A gender not listed here	0.00%	0
Prefer not to answer	0.00%	0
TOTAL		223

Q13: Age

ANSWER CHOICES	RESPONSES	
< 18	0.00%	0
18-29	0.00%	0
30-44	45.74%	102
45-60	45.29%	101
> 60	8.97%	20
TOTAL		223

Q14: Device Type

ANSWER CHOICES	RESPONSES	
iOS Phone / Tablet	13.00%	29
Android Phone / Tablet	85.20%	190
Other Phone / Tablet	0.00%	0
Windows Desktop / Laptop	1.35%	3
MacOS Desktop / Laptop	0.45%	1
Other	0.00%	0
TOTAL		223

Q15: Household Income

ANSWER CHOICES	RESPONSES	
\$0-\$9,999	1.79%	4
\$10,000-\$24,999	7.17%	16
\$25,000-\$49,999	8.97%	20
\$50,000-\$74,999	5.38%	12
\$75,000-\$99,999	2.69%	6
\$100,000-\$124,999	6.28%	14
\$125,000-\$149,999	48.43%	108
\$150,000-\$174,999	8.52%	19
\$175,000-\$199,999	4.93%	11
\$200,000+	4.93%	11
Prefer not to answer	0.90%	2
TOTAL		223

Q16: Region

ANSWER CHOICES	RESPONSES	
East North Central	4.55%	10
East South Central	2.73%	6
Middle Atlantic	53.18%	117
Mountain	0.45%	1
New England	1.82%	4
Pacific	25.91%	57
South Atlantic	8.18%	18
West North Central	1.82%	4
West South Central	1.36%	3
US Territories	0.00%	0
TOTAL		220

Contact Smart Meter today to learn more.

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