

# Smart Meter's 2024 Blood Pressure Survey

**Q1: On average, how many times per day do you test your blood pressure?**

ANSWER CHOICES	RESPONSES	
Once	79.91%	171
Twice	14.02%	30
Three or more times	6.07%	13
<b>TOTAL</b>		<b>214</b>

**Q2: How many times a year do you see a health care professional for high blood pressure?**

ANSWER CHOICES	RESPONSES	
Less than once	8.41%	18
Once	25.23%	54
Twice	32.24%	69
Three times	13.08%	28
Four or more times	21.03%	45
<b>TOTAL</b>		<b>214</b>

**Q3: In meeting with your health care professional, does he or she review your blood pressure results and trends?**

ANSWER CHOICES	RESPONSES	
Always	69.63%	149
Often	14.02%	30
Sometimes	10.28%	22
Rarely	2.34%	5
Never	3.74%	8
<b>TOTAL</b>		<b>214</b>

**Q4: Does your health care provider recommend changes to your high blood pressure treatment based on the readings from your blood pressure monitor?**

ANSWER CHOICES	RESPONSES	
Always	19.63%	42
Often	12.15%	26
Sometimes	38.32%	82
Rarely	18.22%	39
Never	11.68%	25
<b>TOTAL</b>		<b>214</b>

**Q5: Does the blood pressure monitor you use include a feature that can remotely send your reading to your health care provider via Bluetooth or cellular connection?**

ANSWER CHOICES	RESPONSES	
Yes, Bluetooth with a smartphone app	12.62%	27
Yes, cellular	3.27%	7
No, neither	75.70%	162
Not sure	8.41%	18
<b>TOTAL</b>		<b>214</b>

**Q6: If you answered yes to No. 5, are your blood pressure readings being sent remotely immediately after testing to your healthcare provider?**

ANSWER CHOICES	RESPONSES	
Yes	10.75%	23
No	67.29%	144
Not sure	21.96%	47
<b>TOTAL</b>		<b>214</b>

**Q7: If your blood pressure monitor uses Bluetooth and Wifi to send your readings to your provider, how often do you have issues with the transmission?**

ANSWER CHOICES	RESPONSES	
Always	6.54%	14
Often	1.87%	4
Sometimes	3.74%	8
Rarely	2.34%	5
Never	7.48%	16
N/A	78.04%	167
<b>TOTAL</b>		<b>214</b>

**Q8: Have you heard of “remote patient monitoring” (RPM) where your doctor receives your blood pressure readings between visits directly from your blood pressure monitor so that he/she can make sure your blood pressure is ok and make recommendations for changes if needed between office visits?**

ANSWER CHOICES	RESPONSES	
No, I have never heard of remote patient monitoring	54.67%	117
Yes, I have heard of remote patient monitoring, but I am not enrolled in a program	41.59%	89
Yes, I am in a remote patient monitoring program now	3.74%	8
<b>TOTAL</b>		<b>214</b>

**Q9: What is your level of agreement: remote patient monitoring might help me to better manage my blood pressure day to day between visits to my doctor’s office.**

ANSWER CHOICES	RESPONSES	
Highly agree	22.43%	48
Agree	31.31%	67
Neither agree nor disagree	35.05%	75
Disagree	7.48%	16
Highly disagree	3.74%	8
<b>TOTAL</b>		<b>214</b>

**Q10: Would you test more consistently knowing your blood pressure readings were being sent to your health care provider?**

ANSWER CHOICES	RESPONSES	
Much more likely	23.83%	51
More likely	32.24%	69
Would not change my testing consistency	33.18%	71
Unlikely	8.41%	18
Much more unlikely	2.34%	5
<b>TOTAL</b>		<b>214</b>

**Q11: Do you take your blood pressure monitor with you when you travel?**

ANSWER CHOICES	RESPONSES	
Yes	42.52%	91
No	57.48%	123
<b>TOTAL</b>		<b>214</b>

**Q12: Gender**

ANSWER CHOICES	RESPONSES	
Male	36.45%	78
Female	63.55%	136
Non-binary	0.00%	0
A gender not listed here	0.00%	0
Prefer not to answer	0.00%	0
<b>TOTAL</b>		<b>214</b>

**Q13: Age**

ANSWER CHOICES	RESPONSES	
< 18	0.00%	0
18-29	0.00%	0
30-44	0.00%	0
45-60	38.32%	82
> 60	61.68%	132
<b>TOTAL</b>		<b>214</b>

**Q14: Device Type**

ANSWER CHOICES	RESPONSES	
iOS Phone / Tablet	42.99%	92
Android Phone / Tablet	39.72%	85
Other Phone / Tablet	0.00%	0
Windows Desktop / Laptop	12.62%	27
MacOS Desktop / Laptop	3.27%	7
Other	1.40%	3
<b>TOTAL</b>		<b>214</b>

### Q15: Household Income

ANSWER CHOICES	RESPONSES	
\$0-\$9,999	5.61%	12
\$10,000-\$24,999	10.75%	23
\$25,000-\$49,999	25.70%	55
\$50,000-\$74,999	17.29%	37
\$75,000-\$99,999	11.21%	24
\$100,000-\$124,999	8.88%	19
\$125,000-\$149,999	1.87%	4
\$150,000-\$174,999	5.61%	12
\$175,000-\$199,999	3.27%	7
\$200,000+	3.27%	7
Prefer not to answer	6.54%	14
<b>TOTAL</b>		<b>214</b>

### Q16: Region

ANSWER CHOICES	RESPONSES	
East North Central	9.43%	20
East South Central	12.26%	26
Middle Atlantic	21.23%	45
Mountain	8.02%	17
New England	2.36%	5
Pacific	14.62%	31
South Atlantic	16.51%	35
West North Central	4.72%	10
West South Central	10.85%	23
<b>TOTAL</b>		<b>212</b>

Contact Smart Meter today to learn more.

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