

National Diabetes Month Survey 2023

Q1: On average, how many times per day do you test your blood glucose?

ANSWER CHOICES	RESPONSES	
Once	53.50%	107
Twice	28.00%	56
Three times	10.00%	20
Four or more times	8.50%	17
TOTAL		200

Q2: How many times a year do you see a health care professional for your diabetes?

ANSWER CHOICES	RESPONSES	
Less than once	6.50%	13
Once	12.50%	25
Twice	32.00%	64
Three times	21.00%	42
Four or more times	28.00%	56
TOTAL		200

Q3: In meeting with your health care professional, does he or she review your blood glucose monitoring results and trends?

ANSWER CHOICES	RESPONSES	
Always	62.00%	124
Often	21.00%	42
Sometimes	12.50%	25
Rarely	2.00%	4
Never	2.50%	5
TOTAL		200

Q4: Does your health care provider recommend changes to your diabetes therapy based on the readings from your blood glucose meter?

ANSWER CHOICES	RESPONSES	
Always	36.50%	73
Often	17.00%	34
Sometimes	32.50%	65
Rarely	9.50%	19
Never	4.50%	9
TOTAL		200

Q5: Have you heard of “remote patient monitoring” (RPM) where your doctor receives your blood glucose readings between visits directly from your glucose meter so that he/she can make sure your glucose is ok and make recommendations for changes if needed between office visits?

ANSWER CHOICES	RESPONSES	
No, I have never heard of remote patient monitoring	43.00%	86
Yes, I have heard of remote patient monitoring, but I am not enrolled in a program	43.00%	86
Yes, I am in a remote patient monitoring program now	14.00%	28
TOTAL		200

Q6: Does the blood glucose meter you use include a feature that can remotely send your glucose values to your health care provider via Bluetooth or cellular connection?

ANSWER CHOICES	RESPONSES	
Yes, Bluetooth with a smartphone app	26.50%	53
Yes, Cellular	16.50%	33
No, Neither	37.50%	75
Not Sure	19.50%	39
TOTAL		200

Q7: If you answered yes to No. 5, are your glucose readings being sent remotely to your healthcare provider?

ANSWER CHOICES	RESPONSES	
Yes	29.50%	59
No	43.50%	87
Not sure	27.00%	54
TOTAL		200

Q8: If your blood glucose meter uses Bluetooth and Wifi to send your glucose reading to your provider, how often do you have issues with the transmission?

ANSWER CHOICES	RESPONSES	
Always	16.50%	33
Often	6.00%	12
Sometimes	7.00%	14
Rarely	6.50%	13
Never	6.00%	12
N/A	58.00%	116
TOTAL		200

Q9: What is your level of agreement: remote patient monitoring might help me to better manage my diabetes day to day between visits to my doctor’s office.

ANSWER CHOICES	RESPONSES	
Highly Agree	33.00%	66
Agree	37.50%	75
Neither agree nor disagree	22.00%	44
Disagree	6.00%	12
Highly Disagree	1.50%	3
TOTAL		200

Q10: Would you test more consistently knowing your blood glucose monitoring results are being sent to your health care provider?

ANSWER CHOICES	RESPONSES	
Much more likely	30.50%	61
More likely	31.00%	62
Would not change my testing consistency	30.50%	61
Unlikely	7.00%	14
Much more unlikely	1.00%	2
TOTAL		200

Q11: Age

ANSWER CHOICES	RESPONSES	
< 18	0.00%	0
18-29	0.00%	0
30-44	31.00%	62
45-60	37.00%	74
> 60	32.00%	64
TOTAL		200

Q12: Device Type

ANSWER CHOICES	RESPONSES	
iOS Phone / Tablet	37.50%	75
Android Phone / Tablet	48.50%	97
Other Phone / Tablet	0.00%	0
Windows Desktop / Laptop	9.50%	19
MacOS Desktop / Laptop	3.50%	7
Other	1.00%	2
TOTAL		200

Q13: Gender

ANSWER CHOICES	RESPONSES	
Male	53.50%	107
Female	46.50%	93
Non-binary	0.00%	0
A gender not listed here	0.00%	0
Prefer not to answer	0.00%	0
TOTAL		200

Q14: Household Income

ANSWER CHOICES	RESPONSES	
\$0-\$9,999	0.00%	0
\$10,000-\$24,999	0.00%	0
\$25,000-\$49,999	0.00%	0
\$50,000-\$74,999	33.00%	66
\$75,000-\$99,999	23.00%	46
\$100,000-\$124,999	17.00%	34
\$125,000-\$149,999	13.00%	26
\$150,000-\$174,999	10.00%	20
\$175,000-\$199,999	4.00%	8
\$200,000+	0.00%	0
Prefer not to answer	0.00%	0
TOTAL		200

Q15: Region

ANSWER CHOICES	RESPONSES	
East North Central	13.07%	26
East South Central	6.03%	12
Middle Atlantic	24.62%	49
Mountain	6.03%	12
New England	3.02%	6
Pacific	15.58%	31
South Atlantic	14.07%	28
West North Central	4.52%	9
West South Central	13.07%	26
TOTAL		199

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SMARTMETER
Engaging Health Data

5501 W. Waters Ave.
Suite 401
Tampa, FL 33634
www.smartmeterrpm.com
813-773-4080

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